

# The 2019 Middlesex County Championships Inclusive of Multi Classification Events

26<sup>th</sup> & 27<sup>th</sup> January to be held at London Aquatic Centre

Licensed at Level 1 Number 1LR190268

Under ASA laws & FINA Technical Rules of Swimming.

## All Sessions times are approximate and will be finalised when the entries are received.

The full rules of the competition are published on the County Website: [www.middlesexswimming.com](http://www.middlesexswimming.com) but you should note the following:

1. **Team Managers please advise all swimmers and parents/guardians of the following. Nobody other than gala staff may enter the building more than 15 minutes prior to the start of warm up for the morning session. Neither the County nor the pool staff will be responsible for the health and safety of anybody entering before the commencement of our hire of the premises.**
2. All swimmers **must** be registered with the ASA as category 2 and no unregistered swimmer will be accepted in the competition. If you have a swimmer who does not know their registration number you can get this from the ASA website. The appropriate registration form must have been received by the relevant governing body at least 60 days prior to the first day of the Competition.
3. Swimmers must be 14, 15, 16 and 17+ and ages will be determined as at 31<sup>st</sup> December 2019.
4. The events will be:  
50m, 100m, 200m, all strokes, 400 Free, 200m & 400 IM for boys and girls aged 14, 15, 16 and 17+;  
800m and 1500m freestyle for boys & girls aged 14, 15, 16 and 17+

Multi-Classification events will be

Event	Male	Female	Event	Male	Female
50m Freestyle	S1-S14	S1-S14	50m Backstroke	S1-S5	S1-S5
100m Freestyle	S1-S14	S1-S14	100m Backstroke	S1,S2 & S6-S14	S1 & S6-S14
200m Freestyle	S1-S5 & S14	S1-S5 & S14	50m Breaststroke	SB1-SB3	SB1-SB3
400m Freestyle	S6-S14	S6-S14	100m Breaststroke	SB4-SB9, SB11-SB14	SB4-SB9, SB11-SB14
			50m Butterfly	S1-S7	S1-S7
200m Individual Medley	SM5-SM14	SM5-SM14	100m Butterfly	S8-S14	S8-S14

5. For Multi-Classification events, entries need to be sent to the competition secretary for manual entering. Any Multi Classification events with less than 4 entries may be merged into the relevant able-bodied events.  
All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer who has assistance as specified above may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge. If there are more multi classified swimmers than the number of lanes available for a heat, then the swimmers with the fastest entry times will be accepted, however the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.
6. ENTRY QUALIFYING and CONSIDERATION TIMES (long course) are shown in these instructions and all swimmers **MUST** have achieved their entry time since 1<sup>st</sup> January 2018. Times-entered must be confirmed by ASA rankings. All times to be converted to long course by use of the ASA Equivalent Performance Tables. There will be no Multi-Classification qualifying times.  
Time Trials will not be permitted during these Championships  
Any club found to be submitting entry times other than those actually achieved by swimmers will be reported to the County Disciplinary Committee and their entries may be rejected.
7. The County reserves the right to restrict entries to meet the allocated pool time, or on the grounds of health and safety. Entries will not be accepted from clubs with outstanding debts to MCASA. Entries will be accepted on a timed order fastest being first, but with possible consideration to balancing out the numbers in each age category. The only situation where refunds will be given is to swimmers who are denied entry because of restricted space. **NO OTHER MONIES WILL BE REFUNDED.**
8. We will process personal data submitted by the swimmer or their club in accordance with the current Privacy Notice published by British Swimming. With respect to this meet we will process personal data for the legitimate purpose of running the gala. The items of personal data processed are name, ASA number, date of birth, gender and para-swimming classification if applicable. During the gala we will process name, gender and competition age in reports for the legitimate purpose of running the gala efficiently. At the end of the gala we will process name, gender, ASA number and date of birth in the electronic submission made to British Rankings. We will also make this information available on request to the club of the swimmer as the data controller.
9. By submitting and accepting entries to the meet consent is hereby given, as required by the Data Protection Act 1998, to the holding of personal information. The personal information supplied with your entry will be retained securely and will only be used for the legitimate purposes of running the event. This data will be shared by form of results with Swim England (Rankings) and the clubs who have entered the meet. A full copy of the results will be published on the website after the meet. Please be aware that links from our website may take you to external websites that are not covered by our policies. Please ensure that you review their privacy policies before any data is submitted. If any persons want to exercise their right to erasure or processing of their personal data they will need to make a written request to the promoter. We will only hold competition data for 12 months after which it will be destroyed and erased from our systems.
10. FINALS will be held only for 50m and 100m events for each individual age group (14, 15, 16, 17+). The remaining events will be decided on the heat declared winner basis. Finalists and up to two reserves will be announced as soon as possible after the heats have been completed. Withdrawals from finals, including reserves, must be notified to the recording desk not more than 20 minutes after the finalists have been announced. There shall be separate 1500m and 800m events for males and females although they will be swum combined.
11. Clubs entering more than 8 swimmers **MUST** download the Hy-Tek Team Manager file from The Middlesex website: [www.middlesexswimming.com](http://www.middlesexswimming.com) and return the entry file to [competitionsecretary@middlesexswimming.com](mailto:competitionsecretary@middlesexswimming.com). Please note that if a Club enters more than 8 swimmers by means of entry forms rather than Hy-Tek Manager Event File, these entries will incur an administration fee of £10.00 p/entry. If a club is entering, no individual entries will be accepted - entries must be through their entering club.
12. Entry fees shall be £7.50 for 50m, 100m, 200m, 400m, 800m & 1500m Events. **Programme of the meet will be available for spectators to download from [www.middlesexswimming.com](http://www.middlesexswimming.com) prior to the meet.**
13. Entry Summary form needs to be completed and returned at the same time as submitting the electronic entry file by emailed to the competition secretary at [competitionsecretary@middlesexswimming.com](mailto:competitionsecretary@middlesexswimming.com).  
Full payment must be made directly into the bank via BACS transfer: HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961 (Please give club code as reference followed by CCY19. e.g. EALL\_CCY19)

Competition Secretary: Leah Pullen. 16 Amherst Road, London, W13 8ND email: [competitionsecretary@middlesexswimming.com](mailto:competitionsecretary@middlesexswimming.com)

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Except for the 800m and 1500m, this meet will operate as a **CARDLESS** meet. Please use the withdrawal forms enclosed with the pack to withdraw any swimmers. On the day, any withdrawals must be made at least 40 minutes before the start of each session. **Failure to withdraw in adequate time may result to the club being fined £5 per swimmer per event, there will be no exception to this rule.** Should a swimmer be withdrawn by mistake by the meet manager, the swimmer shall be reinstated. All fines are to be levied on the swimmer's club. The fine shall be reduced by 50% if paid within 28 days.

14. **All club workforce coordinators are asked to circulate the enclosed volunteer form to their volunteer base.**
15. Clubs are reminded of their duty of care to their swimmers during a meet and that they should have with them full contact details of parents/guardians for all swimmers attending the meet. They should also hold any details on medical conditions that may be deemed necessary. Coaches/Team Managers will only be allowed on poolside if visibly wearing a coach's pass. To apply for a new Coach Pass: Follow [link](https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_staid_=93954): ([https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&\\_staid\\_=93954](https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_staid_=93954)). Coaches and Team Managers should be club trained personnel and registered members of ASA. Untrained parents without a current DBS certificate and ASA number are not allowed to take charge of swimmers on poolside.
16. Anyone wishing to use a camera, mobile phone camera, or video camera, should adhere to the Swim England guidelines on the use of images and restrict to their own child and their own private use with no posting on social media or similar platforms. You are reminded that Flash photography is NOT permitted at any time.
17. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter or the Meet Administrator.

**Trophies:** Once the competition is completed and all results have been collated. Junior and Overall Fastest Trophies will be presented for each event to Middx Affiliated swimmers

**LICENSING:** The Competition is licensed level 1 by the ASA and where applicable achieved times may be used for entry into Regional Championships and Nationals.

**All Events: AGES TO BE TAKEN AS AT midnight on 31<sup>st</sup> DECEMBER 2019**

### QUALIFYING TIMES 2019 (50m) \*Ages as of 31<sup>st</sup> December 2019

MEN				EVENTS	WOMEN			
14y	15y	16y	17+		14y	15y	16y	17+
30.00	28.50	27.50	27.00	<b>50 FS</b>	32.00	31.50	31.00	30.00
1.03.00	1.00.00	1.00.00	58.00	<b>100 FS</b>	1.06.00	1.05.00	1.04.00	1.03.00
2.22.00	2.20.00	2.17.00	2.12.00	<b>200 FS</b>	2.23.00	2.21.00	2.18.00	2.13.00
5.07.00	5.05.50	5.03.00	4.55.00	<b>400 FS</b>	5.10.00	5.06.00	5.04.00	4.58.00
Men's corresponding 400m time to qualify				<b>800 FS</b>	9.54.00	9.39.00	9.36.00	9.33.00
19.49.00	19.10.00	18.35.00	18.15.00	<b>1500 FS</b>	Women's corresponding 800m times to qualify			
39.00	38.00	36.00	35.00	<b>50 Breast</b>	40.00	39.00	38.30	38.00
1.28.00	1.24.00	1.18.00	1.13.00	<b>100 Breast</b>	1.28.00	1.25.20	1.24.50	1.24.00
3.06.00	2.51.00	2.50.00	2.50.00	<b>200 Breast</b>	3.10.00	3.05.00	3.02.00	2.58.00
35.00	32.00	29.90	28.80	<b>50 Butterfly</b>	36.00	34.00	33.00	32.00
1.14.00	1.08.00	1.06.00	1.03.00	<b>100 Butterfly</b>	1.20.00	1.16.00	1.14.25	1.14.00
2.46.00	2.35.00	2.26.00	2.25.10	<b>200 Butterfly</b>	2.46.00	2.40.10	2.38.00	2.36.50
35.50	34.00	32.50	30.50	<b>50 Back</b>	37.00	37.00	36.00	34.00
1.13.10	1.11.50	1.08.50	1.05.00	<b>100 Back</b>	1.14.00	1.14.00	1.13.00	1.12.00
2.37.70	2.33.50	2.27.00	2.18.60	<b>200 Back</b>	2.40.00	2.37.00	2.35.00	2.32.00
2.39.50	2.34.50	2.29.00	2.20.00	<b>200 IM</b>	2.40.00	2.36.90	2.31.40	2.30.40
5.39.00	5.18.80	5.05.10	5.03.10	<b>400IM</b>	5.55.00	5.50.00	5.42.00	5.26.50

**ANACONDA CLOSING DATE 16<sup>th</sup> DECEMBER 2018**

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## PROGRAMME OF EVENTS

Saturday 26 <sup>th</sup> January 2019		
At London Aquatic Centre		
Session 1 Warm up (tbc) Start (tbc)		
101	Girls 14 -17+	100m Butterfly
102	Boys 14 -17+	100m Freestyle
103	Girls 14 -17+	50m Backstroke
104	Boys 14 -17+	50m Breaststroke
105	Girls 14 -17+	200m Breaststroke
106	Boys 14 -17+	200m Backstroke
107	Girls 14 -17+	400m Freestyle
F102	Final Boys 14 -17+	100m Freestyle
F101	Final Girls 14 -17+	100m Butterfly
F104	Final Boys 14 -17+	50m Breaststroke
F103	Final Girls 14 -17+	50m Backstroke
108	Boys/Girls 14 -17+	1500m Freestyle
Session 2 Warm up (tbc) Start (tbc)		
109	Girls 14 -17+	200m IM
110	Boys 14 -17+	100m Breaststroke
111	Girls 14 -17+	100m Backstroke
112	Boys 14 -17+	50m Freestyle
113	Girls 14 -17+	50m Butterfly
114	Boys 14 -17+	200m Butterfly
115	Girls 14 -17+	200m Freestyle
116	Boys 14 -17+	400m IM
F111	Final Girls 14 -17+	100m Backstroke
F110	Final Boys 14 -17+	100m Breaststroke
F113	Final Girls 14 -17+	50m Butterfly
F112	Final Boys 14 -17+	50m Freestyle

Sunday 27 <sup>th</sup> January 2019		
At London Aquatic Centre		
Session 3 Warm up (tbc) Start (tbc)		
201	Boys 14 -17+	100m Butterfly
202	Girls 14 -17+	100m Freestyle
203	Boys 14 -17+	50m Backstroke
204	Girls 14 -17+	50m Breaststroke
205	Boys 14 -17+	200m Breaststroke
206	Girls 14 -17+	200m Backstroke
207	Boys 14 -17+	400m Freestyle
F202	Final Girls 14 -17+	100m Freestyle
F201	Final Boys 14 -17+	100m Butterfly
F204	Final Girls 14 -17+	50m Breaststroke
F203	Final Boys 14 -17+	50m Backstroke
208	Boys/Girls 14 -17+	800m Freestyle
Session 4 Warm up (tbc) Start (tbc)		
209	Boys 14 -17+	200m IM
210	Girls 14 -17+	100m Breaststroke
211	Boys 14 -17+	100m Backstroke
212	Girls 14 -17+	50m Freestyle
213	Boys 14 -17+	50m Butterfly
214	Girls 14 -17+	200m Butterfly
215	Boys 14 -17+	200m Freestyle
216	Girls 14 -17+	400m IM
F211	Final Boys 14 -17+	100m Backstroke
F210	Final Girls 14 -17+	100m Breaststroke
F213	Final Boys 14 -17+	50m Butterfly
F212	Final Girls 14 -17+	50m Freestyle

**ANACONDA CLOSING DATE 16<sup>th</sup> DECEMBER 2018**